

life|GROUPS

40's & 50's

Building Stronger Families

Our Needs-His Needs-Her Needs

10-3-18

1. Our needs are already met in Christ, whether or not we believe it, if we have made Him Lord of our life.
 - II Corinthians 5:17
New Creature – old has passed away; new has come.
 - II Corinthians 3:18
The Spirit of God is transforming us into His image.

If this is true, our needs are met in Christ.

2. We have a great need for security and significance.
 - Security: An unconditional and total love that cannot be earned and cannot be lost. This will last for eternity.
 - Significance: Those things we do that will have an eternal impact.

3. This security and significance can only be met by Christ.
 - It is a fact, whether we believe it or not.
4. In a marriage, we can be an instrument of God to help our spouse with the feeling of security and significance.
5. We all have needs both spiritual and personal.
 - All our spiritual needs are met in Christ. Our security is met in Him alone.
Romans 8:28-39
 - We also have personal needs. This is where we can minister to our spouses' needs.
Philippians 2:1-4 - Put others first
Ephesians 4:29-32 – With our words
6. What happens when our needs are not met?
 - We will, because of hurt, put protective layers around us. They might look like this:
 - a) Ignore our needs.
(Lead us to destructive behaviors numbing the pain through drugs, alcohol, sex, self- indulgence, etc.)
 - b) Finding satisfaction in achievement.
Satan sells us a lie that if we stay busy and volunteer, we hide our hurt for our needs not being met.
 - c) We will try to meet our needs in each other.

7. This will result in unhealthy and destructive behavior, in which we will:

- be unwilling to share deep feelings.
- respond in anger
- clam up to avoid rejection or criticism
- keep our self so busy to avoid any deep relationships.

8. Only option that will build relationships is:

- Depend on the Lord to meet our needs.
- This will build our security and significance.

9. How do we do this?

- Go back to the facts when your feelings are telling you something different.
- Ephesians 3:20 – You are empowered. He will do through us exceeding and abundantly beyond what we ask.
- Proverbs 10:9 – Walk with integrity. Be honest, have strong moral principles.

10. We need to minister to the needs of our spouse (and other relationships) as God has equipped and modeled for us. He showed us by His actions.

- Our problem – We look at our needs and not others.
- His Needs – Her Needs = Her needs meeting my needs (all about “me”).

11. What are some of the needs we can minister to?

- Recommend book, His Needs Her Needs By: Willard F. Harley, Jr.
- Subtitle: Building an affair-proof marriage.

12. One study has this list in order -

Six Priorities of a Husband and Wife

<u>Husband</u>	<u>Wife</u>
1. Respect (Eph. 5:32)	Romantic Love (Eph. 3:2)
2. Desires to be the Leader (Eph. 5:23)	Security (Romans 8:28-39)
3. Physical Sex (I Cor. 7:1-5)	Companionship (Prov. 31:10-12)
4. Companionship (Prov. 5:18)	Family (Prov. 31)
5. Contended Wife Not contentious (Prov. 27:15)	Friendship/Acceptance (Prov. 12:26)
6. Physical appearance (I Peter 3:3-4)	Physical sex (I Cor. 7:1-5)

Conclusion

1. We are secure and significant in Christ (FACT)
2. We don't always feel that way.
3. We are equipped to minister to others (husband/wife/others) as an instrument of the Lord to help add to the feelings of security and significance.
4. We have a choice – we can believe the truth of the Word or the lies of Satan.

Questions

1. What stood out to you with tonight's lesson that you learned relating to your own life?

2. Do you believe that you are secure and significant in Christ?
Re-read: Romans 8:28-39

3. How do you find yourself looking out for your own needs and not the needs of others?

4. Can you list the needs of your spouse (or other close relationships?)

5. How can you become more "others focused"?

6. How can we express our needs to each other?

7. Will you commit to the instruction of Philippians 2:1-4 (Read)