



## **Knowing your Spouse's Needs**

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Everyone has the same basic needs to sustain life. We need food daily, water daily and oxygen every minute. But are there other needs that are more often seen specifically in men and women.

### **The different needs:**

**Woman:** Wanted, chosen, desired

**Man:** Respected, found desirable

To meet these needs fosters love, appreciation and valuing. On the other hand, to deny these needs leaves someone feeling unloved, unappreciated and devalued.

James 4 speaks of the true reason we don't get along: selfishness, not servant hood. James 4:1-2

### **What God says about meeting needs:**

Proverbs 3:27

Luke 6:27-33

Galatians 6:9-10

2 Thessalonians 3:13

### **What does a woman want? (1 Peter 3:7)**

1. Chosen everyday
2. To be related to on an emotional level
3. Help around the house
4. We take care of ourselves
5. She feels safe
6. I'm okay with here being more complicated that I am
7. Sacrifice
8. I am more than just her lover

### **What does a man want? (Ephesians 5:33)**

1. Respected
2. That you bring him to life
3. He doesn't want to be your girlfriend
4. You are okay that he is simpler than you are
5. Believe in him
6. Show him you still want him

## Questions

What is the difficulty in knowing and meeting our spouse's needs?

When you think about "giving in" what emotions or thoughts does it bring to mind? Why?

What are the ramifications of not knowing and meeting our spouse's needs and wants?

How do you even start? How do you not grow weary in doing good?