

SACRED TRUTHS

MGD: Meeting God Daily

4-19-18

Roller coasters make great rides. The excitement of the downward turn then the quick unexpected bank one way then the other; makes for an exciting thrill ride that people actually pay money to do it! As a ride, it's cool; as a lifestyle, it's destructive. What we need is stability. Though we can't control the roller coaster circumstances of life, we can control our minds, our emotions and our responses. How?

Meeting God Daily: MGD

What if I told you:

- You could begin every day with the brightest mind ever?
- The person who has all the answers?
- The greatest marriage counselor ever?
- The counselor who totally gets you?
- The brightest physician ever, ultimate skills in every field?
- The one who gets every relational issue there is?
- The most powerful person ever?
- Greatest leader of people ever?
- The only true psychic...in that He absolutely knows yesterday, today, tomorrow and forever?
- The truest friend you could ever have...really cares, really listens, really gets you?

- The person who loves you the most...hands down?
- The one who cares about your day to day issues of life?
- The person who can direct you to live joyfully everyday forever?
- The person who has already planned your retirement, with complete security, comfort and significance?
Why in the world...if given the chance...would I not take advantage of those moments?
- Worry less/ trust more/ be more stable in your faith

Why does God want us in His Word?

- 1 Peter 2:2
- 1 Tim. 3:14-15
- Eph. 4:11-15
- 2 Timothy 3:14-17

It doesn't have to be a long meeting, but it needs to be:

- Planned
- Sincere
- Consistent ... if it's going to transform our lives.
This meeting should include, prayer, study and worship.

Prayer: Part One, A few moments of waiting on God.

(3 minutes)

Begins with prayer, but with less of you talking and more of God talking, you listen for the Holy Spirit to lead and teach you.

The benefit: **Renewed Courage**

- Isaiah 40:31
- Psalm 62:1-2

Prayer: Part Two, A few moments of inviting prayer (1 minute)

This is simply an opportunity to faithfully ask God to reveal two things to you this morning in study:

The truth about Him

The truth about you

Time in God's Word (8-10 minutes)

The Benefit: Psalm 19:7-11

- Meditate on it (wrestle with it mentally, emotionally etc.)
- Write down your thoughts
- Specifically what is God teaching you about Him and what is He revealing to you about you.

A few moments of commitment in prayer (3-5 minutes)

This is the time to ask God to help you be the person He wants you to be today. To change whatever he wishes and give you the sincerity of faith to make those same choices

Worship (3-5 minutes in worship)

Time where in word or song, you give God praise for who He is.

What you need for your MGD

- Study Bible (ESV if possible)
- Quiet place
- A note book to record your findings and leadings
- Someone to hold you accountable

Questions

Can you think of reasons why it's important to "Meeting with God" everyday?

What have you discovered about God in the Word? What have you discovered about you?

What inhibits you from seeking God?

Why would Satan not want you to meet with God?

What happens to us if we don't?

What are the advantages of it?

What decisions do I need to make to regarding meeting with God daily?

What you be willing to try it for a month? If so when? Where? Who will hold you accountable?

