

life|GROUPS
40's & 50's
Building Strong Families

A Plan for 2017

This is not about New Year's resolutions; these suggestions are about slight changes that can have a great effect on your life.

1. Family
 - Invest in your family
 - Make memories together
 - Time together can never be replaced

2. Slowdown
 - Play together (turn TV off)
 - Laugh together
 - Cook / Clean up together
 - Conversations at dinner

3. Debt (trouble)
 - Get out of it (can't see it as drudgery; see freedom/opportunity)
 - Celebrate getting out of it
 - Fun-size

4. Tithe – Micah 3:8-10

- If you want God's blessing
- Obedience that leads to blessing
(realistically-if your salary were cut 10%, you could adjust – tithe + a blessing)

5. Attitude

- Live mission ally
- Stop being negative (never leads to good)
- Forgive
- Keep a mole hill a mole hill

6. Physical

- Play
- Keep moving

7. Faith

Hebrews 11:6 – Impossible to please God without faith.

Romans 1:16 – The righteous shall live by faith.

- Either God is in control or He is not
- Easy and the difficult moments

8. People

- John 15:12
- Only people matter
- Built for relationships
- Small groups matter

9. Roles

- Play the role God assigned you
- Don't make things difficult

10. Church

- Be committed
- Have some ownership

Matthew 16:18

Ephesians 1:22